

February 7th, Seeing the Light
Part 6 in the series 'Feeling Good'

Would you say the following statement applies to your own life? "I would feel so much better if I swapped the amount of time I spend watching and reading news media with time spent in the Father's presence, listening to His voice."

Can you remember, according to Dr. Caroline Leaf, what percentage of each of us is non-physical?

A: 99% non physical

Did that surprise you in any way?

Can you remember what thought distortion Jim would say is the biggest of all?

A: This material world is all there is, ergo God isn't real.

READ John 8:12 (NIV)

When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

What do you think Jesus means when He says "I am the light of the world"?

What do you think it means to have the "light of life"?

READ 2 Kings 6:8-17 (NIV)

Now the king of Aram was at war with Israel. After conferring with his officers, he said, "I will set up my camp in such and such a place."

9 The man of God sent word to the king of Israel: "Beware of passing that place, because the Arameans are going down there." 10 So the king of Israel checked on the place indicated by the man of God. Time and again Elisha warned the king, so that he was on his guard in such places.

11 This enraged the king of Aram. He summoned his officers and demanded of them, "Tell me! Which of us is on the side of the king of Israel?"

12 "None of us, my lord the king," said one of his officers, "but Elisha, the prophet who is in Israel, tells the king of Israel the very words you speak in your bedroom."

What does the king of Aram think is going on? What do you think of his response?

13 "Go, find out where he is," the king ordered, "so I can send men and capture him." The report came back: "He is in Dothan." 14 Then he sent horses and chariots and a strong force there. They went by night and surrounded the city.

15 When the servant of the man of God got up and went out early the next morning, an army with horses and chariots had surrounded the city. “Oh no, my lord! What shall we do?” the servant asked.

16 “Don’t be afraid,” the prophet answered. “Those who are with us are more than those who are with them.”

17 And Elisha prayed, “Open his eyes, Lord, so that he may see.” Then the Lord opened the servant’s eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha.

What reason does Elisha have to say “don’t be afraid”?

Why do you think Elisha prays “open his eyes, Lord”?

How do you think you would feel if you were the servant in this passage?

READ Ephesians 1:15-23 (NIV)

15 For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God’s people, 16 I have not stopped giving thanks for you, remembering you in my prayers. 17 I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. 18 I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, 19 and his incomparably great power for us who believe. That power is the same as the mighty strength 20 he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, 21 far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come. 22 And God placed all things under his feet and appointed him to be head over everything for the church, 23 which is his body, the fullness of him who fills everything in every way.

Is there anything that stands out to you in this passage?

What are your thoughts on verse 18 “I pray that the eyes of your heart may be enlightened”?

What is “the hope to which God has called us” that Paul speaks of in verse 18?

What are your thoughts on verses 19-21 “19 and his incomparably great power for us who believe. That power is the same as the mighty strength 20 he exerted when he raised Christ from

the dead and seated him at his right hand in the heavenly realms, 21 far above all rule and authority, power and dominion, and every name that is invoked”?

Verses 20-21 say that Jesus is seated at the Father’s “right hand in heavenly realms, far above all rule and authority, power and dominion, and every name that is invoked”. How does this reality affect our view of the world as it is today?