



Pastor Chuckk Gerwig

MESSAGE: Running Into the New Year TEACHER: Chuckk Gerwig DATE: 1/28/2024

[WATCH >> Running Into the New Year](#)

DISCUSSION QUESTIONS

QUESTION #1

What did you resonate with in the message?

QUESTION #2

Was there anything you wrestled with?

QUESTION #3

Is there something that hinders you, wears you out and slows you down? If so, what is your "goat"?

QUESTION #4

Jesus didn't call us to live in fear, guilt, or shame. What is the next step after you've identified your "goat"?

QUESTION #5

Read Hebrews 12:1b below. Chuckk says every time he isn't running his race well, it comes down to perspective. Do you find this to be true for you? Do any examples come to mind?

Hebrews 12:1b, NIV

...let us run with perseverance the race marked out for us...

QUESTION #6

The "cloud of witnesses" mentioned in Hebrews 12 bears testimony to God's faithfulness. Does thinking of those who were successful in their race motivate you to keep going?

QUESTION #7

God has marked out a race for you. It's not the same as your friends, or neighbors, or even your spouse. You have your own lane, and your own race to run. It's a race of perseverance, not of speed or of comparison to others. Have you found yourself forgetting this? How did you get back on track?

QUESTION #8

Do you have regular times of quiet contemplation with God? Listening to worship music, or doing Christian meditation? If so, how does it help you? If not, what are some ways you can start?