

What were some things from this message that resonated with you?

Was there anything you wrestled with?

For better, or for worse, we tend to transfer our attitudes onto others.

Do you know any joy-filled or peace-filled people? Do they affect those around them?

Jim says letting go of pride and entitlement and recognizing you came from the dirt leads to humility. When you have humility, are you freer to follow the leadings of the Holy Spirit? Why?

Philippians 4:4-7

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Can you think of some specific thoughts or ideas to choose gratitude you could try?

In **John 14:27** Jesus says:

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

What is the difference between the peace Jesus gives and the peace from the world?

What allows us to experience the peace Jesus gives?

What is the difference between being hurt and harmed? How does this relate to Shalom and the peace God wants you to have? Can you have peace in the midst of trouble?