

June 27th, Love Yourself As Your Neighbor
Part 7 in the series 'Love Handles'

Describe the best taco you've ever had.

What were some things from last Sunday's message that resonated with you?

Was there anything you wrestled with?

In what way can having love for oneself be done poorly?

Based on Jesus' moral commands, how many people in this world would you say can consider themselves "pretty good"?

What are some appropriate ways to respond to our sinfulness, and what are some inappropriate ways?

Read Luke 18:9-14

10 "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. 11 The Pharisee stood by himself and prayed: 'God, I thank you that I am not like other people—robbers, evildoers, adulterers—or even like this tax collector. 12 I fast twice a week and give a tenth of all I get.'

13 "But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, 'God, have mercy on me, a sinner.'

14 "I tell you that this man, rather than the other, went home justified before God.

Is it necessary to have the attitude of the tax collector at all times?

Is it a form of self-hatred?

What are some ways people express hatred of themselves?

Read 1 Corinthians 13:4-5

4 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. 5 It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

Read 1 Thessalonians 5:11

Therefore encourage one another and build each other up, just as in fact you are doing.

Read Colossians 3:12

So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience;

Gabe said if you show love to your neighbors in this way, and don't show love to yourself this way, you aren't loving your neighbor as yourself. Do you agree or disagree?

How can you be patient with yourself?

How can you show kindness to yourself?

What does it look like to keep no record of your wrongs?

How can you have compassion for yourself?

How can you encourage and build yourself up?

How can you be gentle with yourself?

Do you have a harder time showing love to your neighbor, or showing love to yourself?

How can you show love to yourself without being arrogant?

What are some ways you show love to others that you don't show to yourself?

What are some ways you show love to yourself that you don't show to others?

Gabe said Jesus did not come to guilt and shame

He came because of guilt and shame.

What did he mean by that?

Recount the story of Bob Goff and his Jeep?

What did he learn from that experience? (You don't have to apologize to God over and over for the same thing. You can trust he forgives you.)

Do you think what he learned is true?