



MESSAGE: The Loneliness Epidemic, Part 2 **TEACHER:** Gabe Hollis **DATE:** 1/07/2024

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QUESTION #1

In this message, what resonated with you?

QUESTION #2

In this message, what did you wrestle with?

QUESTION #3

Why do you think more and more people are lonely and report having fewer close friends than in the 1960s?

QUESTION #4

Why is it important to commit to church every week?

QUESTION #5

What are some ways to combat the loneliness epidemic listed in the message? Can you think of other ways?

QUESTION #6

In general, how has being in church kept you from being lonely? Is there a specific story that comes to mind?

QUESTION #7

Why is church better than just a social club? How is it deeper than that?

QUESTION #8

Read Luke 4:16 below. Have you thought about the customs Jesus observed? How does this serve as an example for us?

Luke 4:16, NIV

He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom.

QUESTION #9

What are some misconceptions our culture has about loneliness? What is the Christian way of looking at this? How, as Christians, can we remind ourselves of the importance of meeting together?

TEACHING SCRIPTURE CITATIONS

Matthew 28:16-20, NIV – The Great Commission

Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go.

¹⁷ When they saw him, they worshiped him; but some doubted. ¹⁸ Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. ¹⁹ Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything I have commanded you. **And surely I am with you always, to the very end of the age.**

Luke 4:16, NIV

He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, **as was his custom.**

Hebrews 10:24-25, NIV

And let us consider how we may spur one another on toward love and good deeds, ²⁵ not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Acts 2:46-47, NIV

Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, ⁴⁷ praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.

1 Corinthians 12:12-20, NIV

Just as a body, though one, has many parts, but all its many parts form **one body**, so it is with Christ. ¹³ For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. ¹⁴ Even so the body is not made up of one part but of many. ¹⁵ Now if the foot should say, “Because I am not a hand, I do not belong to the body,” it would not for that reason stop being part of the body. ¹⁶ And if the ear should say, “Because I am not an eye, I do not belong to the body,” it would not for that reason stop being part of the body. ¹⁷ If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be? ¹⁸ But in fact God has placed the parts in the body, every one of them, just as he wanted them to be. ¹⁹ If they were all one part, where would the body be? ²⁰ As it is, there are many parts, but one body.

John 6:66-69, NIV

On hearing it, many of his disciples said, "This is a hard teaching. Who can accept it?" ⁶¹ Aware that his disciples were grumbling about this, Jesus said to them, "Does this offend you? ⁶² Then what if you see the Son of Man ascend to where he was before! ⁶³ The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit and life. ⁶⁴ Yet there are some of you who do not believe." For Jesus had known from the beginning which of them did not believe and who would betray him. ⁶⁵ He went on to say, "This is why I told you that no one can come to me unless the Father has enabled them." ⁶⁶ From this time many of his disciples turned back and no longer followed him. ⁶⁷ "You do not want to leave too, do you?" Jesus asked the Twelve. ⁶⁸ Simon Peter answered him, "**Lord, to whom shall we go? You have the words of eternal life.** ⁶⁹ We have come to believe and to know that you are the Holy One of God."